

SHRI HANUMAN CHALISA

The Shri Hanuman Chalisa is full of devotion, sacrifice and dedication. To achieve any objective & in times of distress one goes in the shelter of Hanuman – “Ram Bhakta”. In this spirit, the Hanuman Chalisa, will find a place in every home where it can act as a panacea for all problems, be they physical, mental, or spiritual.

DOHA

**Shree Guru Charan Saroj Raj,
Nij Man Mukur Sudhari,
Barnau Raghuvar Bimal Jasu,
Jo Dayaku Phal Chari**

With the dust of Guru's Lotus feet, I first clean the mirror of my heart and then narrate the sacred glory of Shri Ram Chandra, The Supreme among the Raghu dynasty, The giver of four fold attainments of life. The fourfold attainments are Kama (pleasure), Artha (wealth), Dharma (religious-merit) and Moksha (salvation).

**Budhi heen Tanu Janike,
Sumirow, Pavan Kumar,
Bal Buddi Bidya Dehu Mohi,
Harahu Kalesh Bikaar**

Knowing myself to be ignorant, I urge you, O Hanuman, The son of Pavan! O Lord! Bestow on me strength, wisdom and knowledge, taking away all my miseries and blemishes.

CHOWPAI

**Jai Hanuman Gyan Guna Sagar,
Jai Kapis Tihun Lok Ujaagar
Ramdoot Atulit Bal Dhamaa,
Anjani Putra Paavansut Naamaa**

Victory to thee, O Hanuman, ocean of wisdom and virtue, victory to the Lord of monkeys who is well known in all the three worlds. You, the messenger of Ram and repository of immeasurable strength, are also known as Anjaniputra and Pavanaputra.

**Mahabeer Bikram Bajrangi,
Kumati Nivaar Sumati Ke Sangi
Kanchan Baran Biraaj Subesa,
Kanan Kundal Kunchit Kesaa**

Mighty, Powerful and strong, as lightening, O Mahaveer, you being the companion of wisdom, dispel dark and evil thoughts.

**Haath Bajra Aur Shvaja Birajai,
Kandhe Moonl Janeu Saajai
Shankar Suvan Kesari Nandan,
Tej Pratap Maha Jag Bandan**

You hold the Mace of lightening and a flag in your hands with the sacred thread of Munja grass adorning your shoulder. Reincarnation of Lord Shankar and the son of Kesari, your lustre and glory is praised by the whole world.

**Vidyavaan Guni Ati Chatur
Ram Kaj Karibe Ko Atur
Prabhu Charitra Sunibe Ko
Rasiya,
Ram Lakhan Sita Man Basiya**

The master of all knowledge, full of virtue and wisdom, you are always eager to serve Lord Ram. Immersed in listening to hymns on Lord, in your cherished heart do, Ram, Laxman and Sita dwell.

Sukshma Roop Dhari Siyahin
Dikhawa,
Bikat Roop Dhari Lank Jarawa
Bhim Roop Dhari Asur Sanhare,
Ramchandra Ke kaaj Savare.

While you presented your humble form to Mother Sita, You assumed demonic size and burnt the city of Lanka. In your colossal manifestation, you killed the demons, fulfilling your Lord's mission.

Laye Sajivan Lakhan Jiyaye,
Shree Raghuvir Harshi Ur Laye
Raghupati Kinhi Bahut Badaai,
Tum Mama Priya Bharat Sam
Bhai

You revived Laxman with the Sanjivani (nectarine herb, said to revive the dead) you brought and Sri Ram Chandra embraced you in deep joy. Sri Ram Chandra said you were as dear as his brother Bharat and praised you highly.

Sahasa Badan Tumhro Jas
Gavein, Asa Kahi Shripati Kanth
Lagaavein Sankadik Brahmadi
Muneesa, Narad Sarad Sahit
Ahisaa.

The Lord of Lakshmi embraced you saying Sheshnaga (the thousand hooded divine carrying earth's weight on his hoods, and said in the vedas) sings your glory. Not only Sheshnaga but also Sanaka (a saint), Brahma (the creator of the universe) and other Gods, Narad, Sharda (the Goddess of knowledge) and other sages eternally sing your praise.

Jam Kuber Diggpal Jahan Te, Kabi
Kobid Kahin Sake Kanha Te Tum
Upakar Sugrivahi Keenha, Ram
Milai Rajpad Deenha

What to speak of poet and seers!, even Yama (God of death), Kuber (God of wealth) and Diggpal (God of directions) have no words to praise your glory. You helped Sugruva (brother of Bali who with the help of Rama was crowned as King of Kishkindha).

Tumharo Mantra Bibhishan
Maana, Lankeshwar Bhaye Sab
Jag Jaana Jug Sahastra Jojan Par
Bhaanu, Leelyo Taahi Madhur
Phal Jaanu

Vibhishana (brother of Ravana, crowned the king of Lanka after Ravana's death), accepting your counsel, became the King of Lanka, is known throughout the world. You swallowed the sun, millions of miles away, talking it to be a sweet fruit.

Prabhu Mudrika Meli Mukha
Maaheen, Jaladhi Langhi Gaye
Acharaj Naheen Durgam Kaaj
Jagat Ke Jete, Sugam Anugrah
Tumhre Te Te

Keeping the Lord's ring in your mouth, you conquered the mighty ocean (Hanuman crossing the ocean in search of Sita). With your grace all the impediments and the difficulties in the world can be overcome easily.

Ram Duware Tum Raakhavare,
Hoat Na Aagya Bin Paisare
Sab Sukh Lahen Tumhari Sarna,
Tum Rakchak Kaahu Ko Darnaa

No one can enter Rama's abode without your consent, O sentinel of the Lord. By your grace one can enjoy all happiness and one need not have any fear under your protection.

Aapan Tej Samharo Aapei,
Tinu Lok Hank Te Kanpai
Bhoot Pisaach Nikat Nahi Avei,
Mahabir Jab Naam Sunavei

When you roar all the three worlds tremble and only you can control your might. Evil spirits cannot come near your devotees, Lord Mahaveer, who chants your name.

Nassei Rog Hare Sab Peera,
Japat Nprantar Hanumat Beera
Sankat Te Hanuman Chhudavei,
Man Kram Bachan Dhyan Jo Lavei

Chanting your name constantly, O Hanuman, one can be cured of all disease and pains. Hanuman keeps one, who has him in his heart, deed, word and meditation, free from all trouble.

Sab Par Ram Tapsvee Raja,
Tinke Kaj Sakal Tum Saja
Aur Manorath Jo Loi Lave,
Soi Amit Jivan Phal Pave

The ascetic king Sri Ram is the ruler of all and you even accomplished all his missions. Whoever comes to you for fulfillment of any desire, achieves great fruition in his life.

Charo Jug Partap Tumhara
Hai Parsiddha Jagat Ujyara
Sadhu Sant Ke Tum Rakhvare,
Asur Nikandan Ram Dulare

Your glory is acclaimed in four Yugas (Satyug, Dwapar, Treta, and Kalvug are the four yugas in that order). Sri Ram has great affection for you, O Mahaveer, the decapitator of evil spirits and protector of saints.

Ashta Siddhi Nau Nidhi Ke Data,
Asa Bar Din Janki Mata.
Ram Rasayan Tumhare Pasa,
Sada Raho Raghupati Ke Dasa

You are blessed by mother Janaki (Sita) to grant anyone with any of eight siddhis and nine nidhis You, with ambrosia that is Ram, are always in the service of Lord Raghupati (the King of Raghu Dynasty ie Ram).

Tumhre Bhajan Ramko Pavei,
Janam Janam Ke Dukh Bisravei
Anta Kal Raghubar Pur Jai,
Jahan Janma Hari Bhakta Kahai

One can reach Ram chanting your name and become free from sufferings of many lives. After death he enters the eternal abode of Sri Ram and remains a devotee of him, whenever, taking a new birth on earth.

Aur Devata Chitt Na Dharai,
Hanumat Sei Sarva Sukh Karai
Sankat Kate Mitey Sab Peera,
Jo Sumirei Hanumat Balbeera

Other Gods may not care to take heed, but one who serves you, O Hanuman, enjoys all pleasures. Sri Hanuman, the mighty God, remove all the problems and pains of those who invoke him.

Jai Jai Kai Hanuman Gosain,
Kripa Karahu Gurudev Ki Nain
Jo Sat Bar Path Kar Koi,
Chutai Bandi Maha Sukh Hoi

Hail, Thee Hanuman be as compassionate to me as my Supreme Teacher. He who chants this prayer a hundred times, is liberated from earthly bondage and enjoys the highest bliss.

Jo Yah Padhe Hanuman Chalisa,
Hoy Siddhi Sakhi Gowrisa
Tulsidas Sada Hari Chera,
Keeje Nath Hriday Mah Dera

*He who reads these forty verses as, Lord
Shanker witnesses, overcome all troubles.
Tulsidas (the writer of these verses) is an
eternal devotee of Lord Hari. O Hanuman,
kindly reside in my heart forever.*

DOHA

Pavan Tanay Sankat Haran,
Mangal Murti Roop,
Ram Lakhan Sita Sahit,
Hriday Basahu Sur Bhup.

*O Shri Hanuman, the son of Pavana, Savior
the Embodiment of blessings, reside in my
heart together with Sri Ram, Laxman and
Sita.*